



Rising U9 information for parents

- What is Rising U9?
 - Under 8 players born after 8/1/97
- Information covered today:
 - All Stars this season
 - McLean Premier Soccer for next year (brief)
 - What to expect in house league in the future
- Who is presenting tonight?
 - Mark Johnston, House Commissioner
 - Mark Thompson, Director of MPS
 - Bob Maines, Director of Coaching



All Stars

- **Coaches and Team Selection?**
 - Anyone—coach or parent—can apply, selections are approved by the house commissioner and deputy commissioner
- **Who Can Play?**
 - Any house league player of the right age who can attend the practices and the tournament
 - Spring 2006 tournament is 6/17 and 6/18
 - Players must tryout to make the team(s)
 - If your player can not attend the tryout, you must contact the coach prior to the tryout (there is usually only one tryout)



All Stars

- **Costs and Uniforms?**

- There are costs: uniform, tournament fee, and patches. Last year it was about \$75 per player in all for my U11 team.
- Financial assistance is available.
- The all star coordinator selects uniforms
 - Travel quality
 - Names are optional (usually coach's choice)
 - Numbers are usually assigned (up to coach)
- **Teams**, if there is more than one:
 - Teams should be of equal strength
 - Rosters do not have to be selected immediately—joint practices may be held



All Stars

- **Playing Time?**

- Equal playing time is not guaranteed
- Players must play at least 25% of each game
- There is no goalie requirement to play up

- **Player Expectations?**

- Sportsmanship (parents and coaches too!)
- Must continue to play in house league
 - If house practices or games are missed, then the player may lose all star status



All Stars

- **Tryout equipment**
 - Shin guards and soccer shoes
 - A soccer ball, size 3 for U8
 - Water/sports drink to keep hydrated. Each player should have plenty of fluids to keep hydrated before, during and after the tryout.
 - Wear or bring a white or light-colored shirt - please no team or previous all star uniform shirts.



All Stars

Spring 2006 U8 (boys and girls) Tryouts:
Sunday, April 23 from 4:30-6:30 at
Franklin Sherman ES

Rain date, or follow-up tryout if needed (TBD by the coaches) is the following Sunday.

Coaches (all this information is on the MYS website):

Girls:

John Mulligan JMulligan@belo-dc.com

Joyce Jordan jojordan7@verizon.net

Bonnie Clark bclarke3@cox.net

Barry Nigro BNigro@willkie.com

Boys:

Randal Seal rs@thecfginc.com

John Scalia scaliaj@gtlaw.com

Scott Reblitz Sdreblitz@aol.com



All Stars

All Stars is NOT associated with travel soccer!

However, it is true that more touches on the ball improves a player, and all stars will provide more touches on the ball.

Jr. skills training is available on Monday nights—it is not too late to sign up (only missed one session so far).

At the coaches' discretion, MYS may offer additional skills training (\$) for the U8 all stars.



MPS

Information available on the web:
www.mcleansoccer.org

Informational meetings will be held: on May 15
and May 22



House League After U8

Continued small sided play that progressively approaches the “real” game.

All stars continues.

After U9, non-MPS travel program may be available.

Above U12, the program transitions to the Suburban Friendship League (SFL) --- sort of a local travel league for house players.



House League U8 to U9

- Single game
- Larger Field (+29%)
- Reduced scoring area (-40%, mainly due to 2 goals)
- Larger ball, #4
- Goalkeepers (can't play whole game)
- 6 v. 6 (five field players)
- One referee
- Halves not quarters (4% more time)
- Scores and standings kept
- Round robin tournament at end of season
- Real restarts: goal kicks, corner kicks, throw-ins, and kick-offs
- Direct and Indirect kicks (no penalty kicks)



House League U8 to U9

Team Reformation

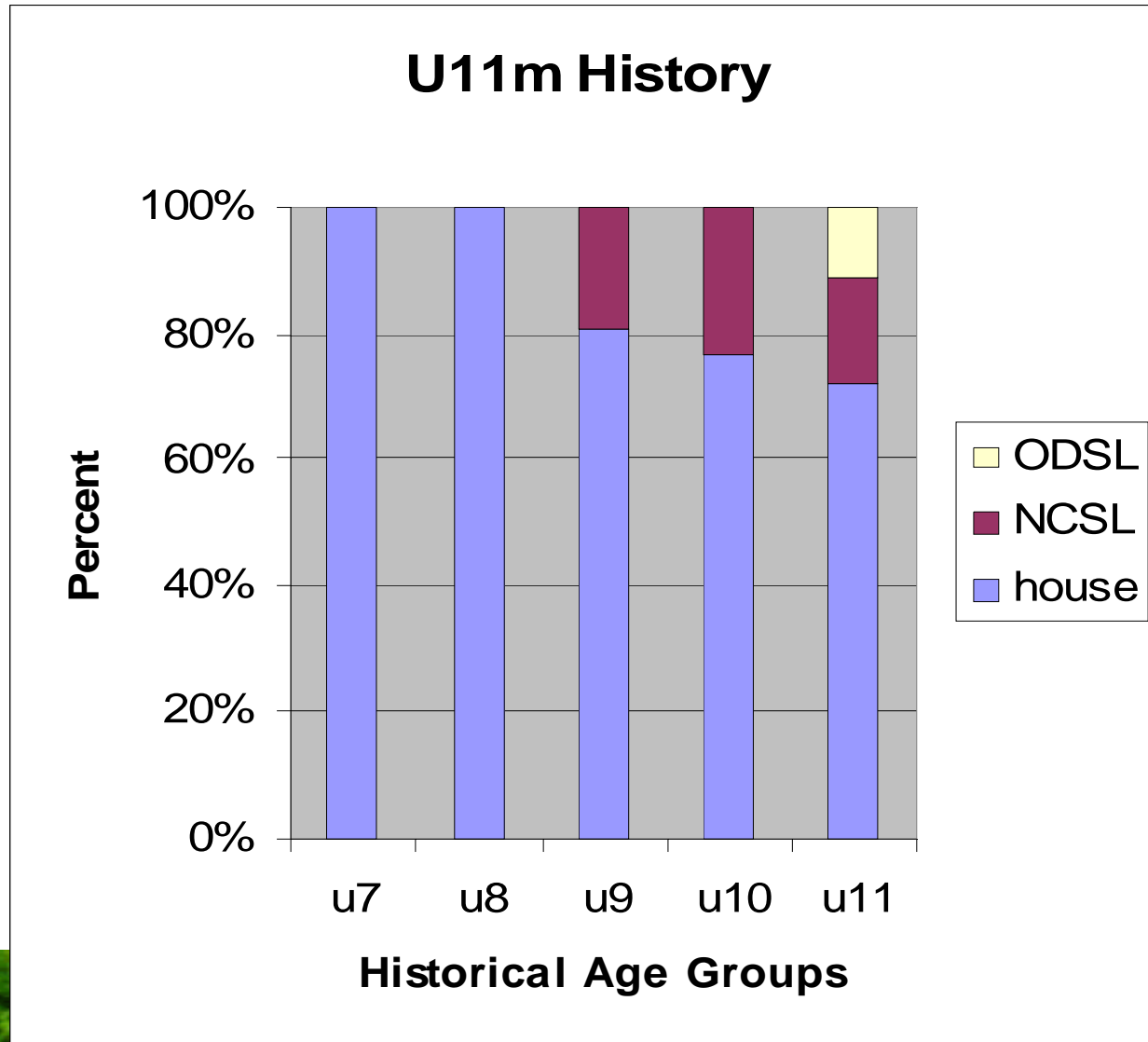
Coaches work to create league parity, where all our house teams are competitive with each other.

This is done with all the coaches in the group and the age group coordinator. There are specific guidelines and additional guidance is provided by someone who has already gone through the process.

This means that your team that has been the same since U6 will probably change in U9.



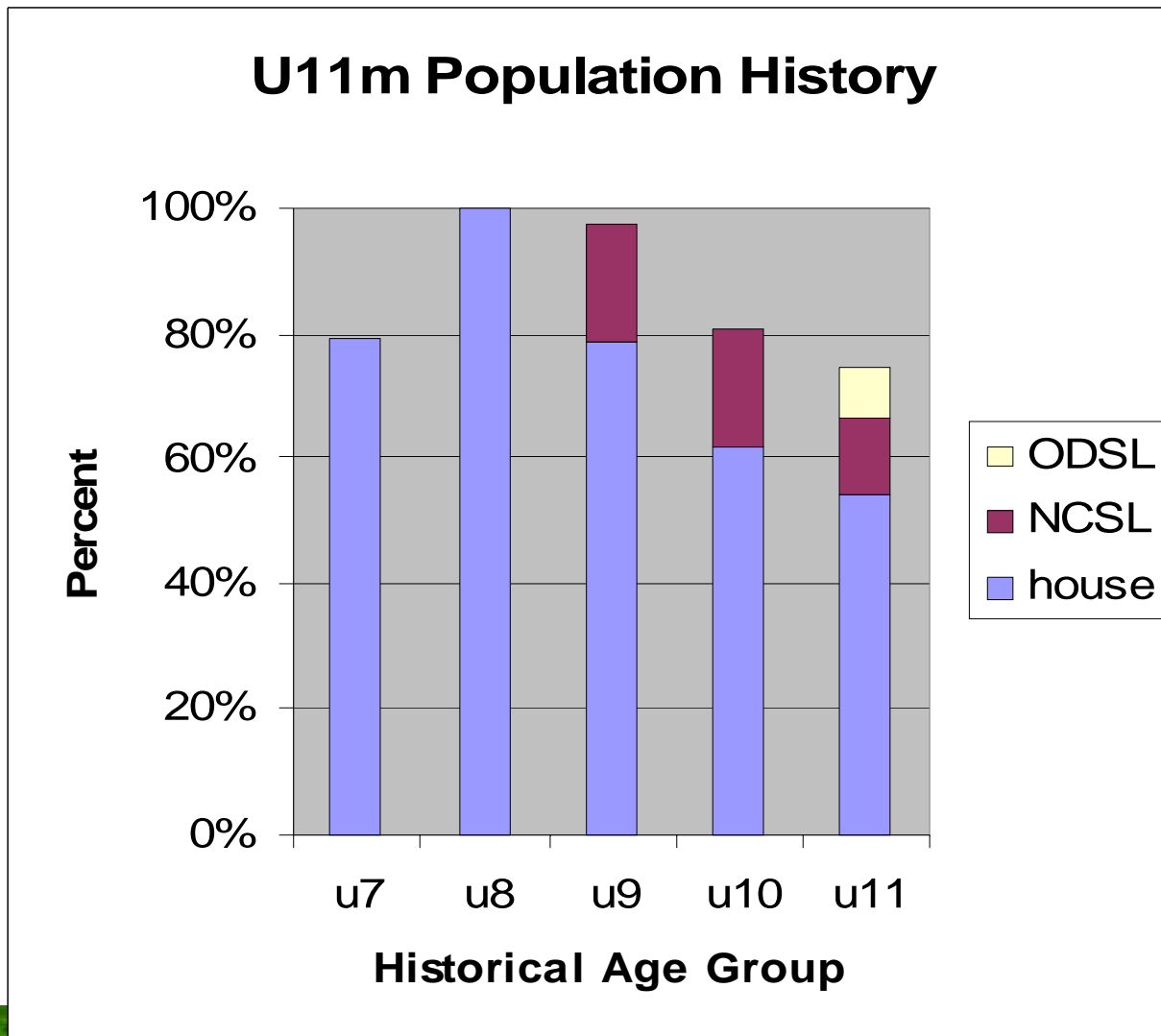
Most Players Stay in the House League





What the future might hold?

- All groups are different
- There is a drop off in the number of players over time.
- The trend used to be that children would tend to stop playing soccer after 6th grade--MYS now has a larger percentage of players staying in these older age groups (not yet known for the group shown).





House League Coaches

The second F module covers U9 through U12, so coaches do need to take a new module

For U11, coaches need to take the E module.



Questions & Answers